

Funga Alafia

Translation: Alafia means "good health" or "peace" in Yoruba. *Ashay* is similar to the Yoruban word *Oh-shay*, which means "thank you."

"Text" of gestures:

With my mind, I greet you. (Touch head and extend open arms forwards – 1st phrase)

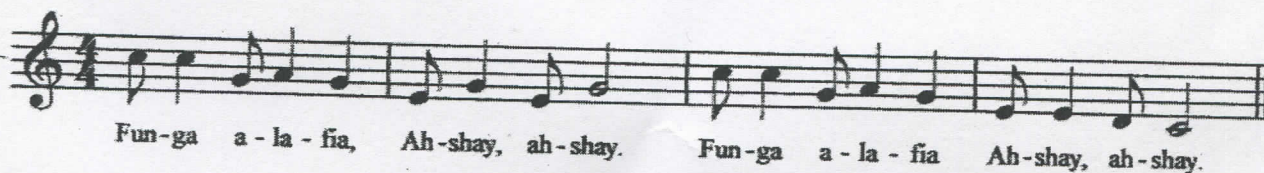
With my speech, I greet you. (Touch lips and extend arms – 2nd phrase)

With my heart, I greet you. (Touch heart and extend arms – 3rd phrase)

See, I have nothing up my sleeves. (Lift L arm perpendicular to floor, gesture R hand down outside of L arm; reverse – 4th phrase)

- Stand in circle
- Simultaneous imitation of T (pantomime movement)
- "Play" with both words "funga" and "alafia"
- "Ashay" Ss echo T (speak, add inflection, sing)
- T sings "funga alafia" Ss sing "ashay ashay"
- Do all
- Add clap/clap/step R/step together (8X)
- Sing together "funga alafia ashay, ashay, funga alafia ashay, ashay" then add clap/clap/step R/step together 8X, moving CCW

Can add: UPP players in center, some pitched instruments on varied rhythms (degree of difficulty is determined on level of your Ss).



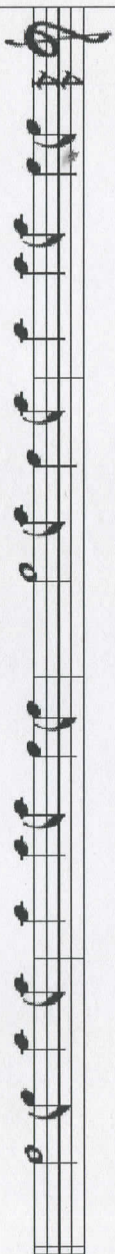
FUNGA ALAFIA (INST)

AFRICAN WELCOMING SONG

FUN GA - A - LA - FIA, AH-SHAY, AH-SHAY.

FUN GA A - LA - FIA, AH-SHAY, AH-SHAY.

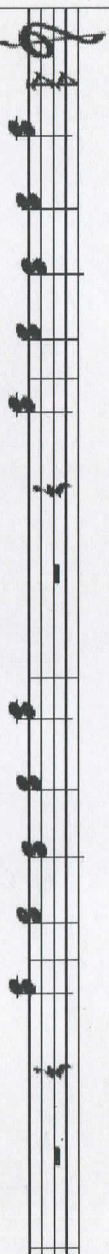
AK



COUSILL



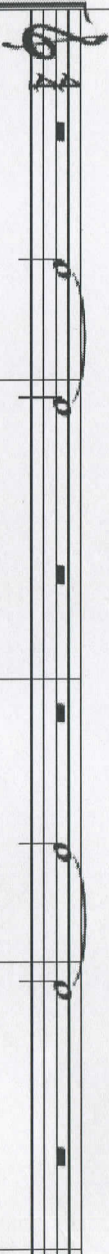
GLLOCKS



QUIZO



SW/AM



HD



SX/AX



CONGA



BX

